

# Member Swimming

|           | 06:00 - 07:00       | 07:00 - 08:00 | 08:00 - 09:00       | 09:00 - 10:00       | 10:00 - 11:00       | 11:00 - 12:00       | 12:00 - 13:00       | 13:00 - 14:00       | 14:00 - 15:00 | 15:00 - 16:00                     | 16:00 - 17:00   | 17:00 - 18:00 | 18:00 - 19:00       | 19:00 - 20:00       | 20:00 - 21:00       | 21:00 - 22:00 |
|-----------|---------------------|---------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------|-----------------------------------|---|---------------|---------------------|---------------------|---------------------|---------------|
| MONDAY    | ADULT ONLY SWIMMING |               |                     |                     | ADULT ONLY SWIMMING |                     |                     | AQUA<br>12:30-13:15 |               |                                   | SWIMMING LESSONS<br>LANE ONE 15:30-19:00<br>CHILD SWIM TIMES<br>14:00 - 19:00 |               |                     | AQUA<br>19:10-19:55 | ADULT ONLY SWIMMING |               |
| TUESDAY   | ADULT ONLY SWIMMING |               |                     |                     |                     |                     | AQUA<br>12:30-13:15 |                     |               |                                   | SWIMMING LESSONS<br>LANE ONE 15:30-19:00<br>CHILD SWIM TIMES<br>14:00 - 19:00 |               |                     | ADULT ONLY SWIMMING |                     |               |
| WEDNESDAY | ADULT ONLY SWIMMING |               |                     |                     |                     |                     | AQUA<br>12:00-12:45 |                     |               |                                   | CHILD SWIM TIMES<br>14:00 - 19:00   |               | AQUA<br>18:00-18:45 | ADULT ONLY SWIMMING |                     |               |
| THURSDAY  | ADULT ONLY SWIMMING |               |                     |                     | AQUA<br>10:35-11:20 | AQUA<br>11:30-12:15 | ADULT ONLY SWIMMING |                     |               |                                   | SWIMMING LESSONS<br>LANE ONE 15:30-19:00<br>CHILD SWIM TIMES<br>14:00 - 19:00 |               |                     | ADULT ONLY SWIMMING |                     |               |
| FRIDAY    | ADULT ONLY SWIMMING |               |                     |                     |                     | AQUA<br>11:35-12:20 | ADULT ONLY SWIMMING |                     |               |                                   | CHILD SWIM TIMES<br>14:00 - 19:00   |               |                     | ADULT ONLY SWIMMING |                     |               |
| SATURDAY  | Club Closed         |               | AQUA<br>09:30-10:15 | ADULT ONLY SWIMMING |                     |                     | ADULT ONLY SWIMMING |                     |               |                                   | CHILD SWIM TIMES<br>14:00 - 19:00   |               |                     | ADULT ONLY SWIMMING | Club Closed         |               |
| SUNDAY    |                     |               | ADULT ONLY SWIMMING |                     | ADULT ONLY SWIMMING |                     |                     |                     |               | CHILD SWIM TIMES<br>14:00 - 19:00 |   |               | ADULT ONLY SWIMMING |                     |                     |               |

- AQUA: Two swimming lanes will be in operation for adult swimming during scheduled AQUA classes.
- Swimming lessons will be conducted in the leisure area and access for members will be reduced during scheduled lessons.
- Terms and conditions. The timetable is subject to change and is based on instructor availability.